

**Statistiques sur la décompression vertébrale**

**Catégorie : Décompression neurovertébrale**

**Publié par [Drdesforges](#) le 27/04/2008**

Journal of Neuroimaging"Serial MRI of 20 patients treated with the decompression table shows in our study up to 90% reduction of subligamentous nucleus herniation in 10 of 14. Some rehydration occurs detected by T2 and proton density signal increase. Torn annulus repair is seen in all." 1 American Journal of Pain Management "Eighty-six percent of ruptured intervertebral disc (RID) patients achieved 'good' (50-89% improvement) to 'excellent' (90-100% improvement) results with decompression. Sciatica and back pain were relieved." "Of the facet arthrosis patients, 75% obtained 'good' to 'excellent' results with decompression." 2 Orthopedic Technology Review "Results showed that 86% of the 219 patients who completed the therapy reported immediate resolution of symptoms, while 84% remained pain-free 90 days post-treatment. Physical examination findings showed improvement in 92% of the 219 patients, and remained intact in 89% of these patients 90 days after treatment." 3 Quarterly Journal of ACO "All but two of the patients in the study improved at least 30% or more in the first three weeks." "Utilizing the outcome measures, this form of decompression reduces symptoms and improves activities of daily living." 4 **Références**

**bibliographiques** 1. Eyerman, Edward MD. **Simple pelvic traction gives inconsistent relief to herniated lumbar disc sufferers.** Journal of Neuroimaging. Paper presented to the American Society of Neuroimaging, Orlando, Florida 2-26-98. 2. C. Norman Shealy, MD, PhD, and Vera Borgmeyer, RN, MA. **Decompression, Reduction, and Stabilization of the Lumbar Spine: A Cost-Effective Treatment for Lumbosacral Pain.** American Journal of Pain Management Vol. 7 No. 2 April 1997 3. Gionis, Thomas MD; Groteke, Eric DC. **Surgical Alternatives: Spinal Decompression.** Orthopedic Technology Review. 2003; 6 (5). 4. Bruce Gundersen, DC, FACO; Michael Henrie, MS II, Josh Christensen, DC. **A Clinical Trial on Non-Surgical Spinal Decompression Using Vertebral Axial Distraction Delivered by a Computerized Traction Device.** The Academy of Chiropractic Orthopedists, Quarterly Journal of ACO, June 2004